

## Guardians

Thank you to our Guardians, who as individuals, trusts and foundations, donate R5 000 or more annually. Once again, the Guardians of the Trust is the biggest donor to a project – contributing over R2.7million to upgrade the Radiology Complex.

Since June 2013, Guardians funding has been allocated to the building of the Childsafe Research and Educational Centre, which will be completed in the first quarter of 2014.

For more information on the Guardians Programme, or if you have not yet received your Section 18(a) Tax Certificate for donations made during the financial year 2012/2013, contact Ronell on +27 21 686 7860 or email [ronell.jordaan@chtrust.org.za](mailto:ronell.jordaan@chtrust.org.za)



## Circle of Life

- The Trust's Circle of Life programme staged a number of well-attended events this year. The third annual Remembrance Day held in November, paid tribute to World War II ex-servicemen and veterans – especially those who played a founding role in the fundraising and building of the Red Cross War Memorial Children's Hospital.
- Premier Helen Zille delivered a memorable address at our Circle of Life Morning Tea at the Cullinan Hotel as she reflected on the valuable contribution of our 'elders' to our community.
- Legacies and bequests are a vital source of future financial support for the Children's Hospital Trust and by leaving a gift in your Will to the Trust (PBO 930004493), you will provide much needed long-term funding for future projects at the Hospital. For more information on the Trust's Circle of Life legacy programme, to book a speaker about the Hospital, or to pay us a visit, please contact Liz on [liz.linsell@chtrust.org.za](mailto:liz.linsell@chtrust.org.za) or +27 21 686 7860.



**Circle of Life**  
let your legacy live on  
THE CHILDREN'S HOSPITAL TRUST



## News from the UK

The Children's Hospital Trust, South Africa.

### The Children's Hospital Trust has a United Kingdom branch.

#### Thank you to the following supporters and partners in the UK:

- The 50 runners who raised funds to build a new Childsafe Research and Educational Centre at the Hospital by running in the Royal Parks Half Marathon.
- Clem Booth of Allianz for linking the Trust to the Lloyds Fly Fishing dinner, which raised substantial funds for the Childsafe project.
- Marita van der Vyver for partnering with the Trust for the launch of her book at Nedbank Private Wealth's offices in London.

Calling all runners brave enough to don a Santa suit to raise funds for the Trust at the annual Santa Run on 8 December at Victoria Park in London. Interested runners to contact Ben Hall on [ben@childrenshospitaltrust.co.uk](mailto:ben@childrenshospitaltrust.co.uk)

### Children's Hospital Trust, South Africa

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[www.childrenshospitaltrust.co.uk](http://www.childrenshospitaltrust.co.uk)

## Contact us

- To tour the Red Cross War Memorial Children's Hospital please contact the **Trust office on +27 21 686 7860 or email [hello@chtrust.org.za](mailto:hello@chtrust.org.za)**
- To view photographs taken at Trust events visit [www.facebook.com/childrenshospitaltrust](http://www.facebook.com/childrenshospitaltrust)
- Email us at [hello@chtrust.org.za](mailto:hello@chtrust.org.za) or visit [www.childrenshospitaltrust.org.za](http://www.childrenshospitaltrust.org.za) and subscribe to our quarterly eNewsletter or to let us know if your details have changed. To unsubscribe to our eNewsletter email [unsubscribe@chtrust.org.za](mailto:unsubscribe@chtrust.org.za)

 [www.facebook.com/childrenshospitaltrust](http://www.facebook.com/childrenshospitaltrust)

 @chtrust1

### Bank details:

The Children's Hospital Trust  
Standard Bank, Rondebosch Branch  
**Account no:** 07144 3126  
**Code no:** 025 009  
**Registered Charity**  
**PBO No. 930004493**

Please use your full name as reference when making donations and fax/email proof of your deposit, plus your contact details to receive a tax certificate.

The Children's Hospital Trust, Suite 259, Postnet X18, Rondebosch, 7701, Cape Town, South Africa  
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## NEWSFLASH

FUNDRAISING FOR THE RED CROSS WAR MEMORIAL CHILDREN'S HOSPITAL AND PAEDIATRIC HEALTHCARE IN THE WESTERN CAPE.

DECEMBER 2013

There is more to healing children than treatment and medication...

8-year-old Anastasia from Beaufort West, a small town 500km from Cape Town, was first admitted to the Red Cross War Memorial Children's Hospital when she was just nine months old. She had swallowed battery acid that had been unwisely stored in a juice bottle under the kitchen sink. She suffered Caustic Ingestion, which led to excessive vomiting due to damaged soft tissue in her oesophagus – and this affected her feeding and eventually her lungs.

Specialist surgeons performed surgical procedures to broaden her tiny throat, but since her weight was dangerously low, doctors also inserted a feeding tube (which is replaced every alternate year). Unfortunately, Anastasia eventually had to have one of her lungs removed, but she's getting stronger every day.

Anastasia's mother, Henriette, has spent months at a time away from home because of her daughter's fragile condition and is grateful for the Hospital's on-site Parents Accommodation. Travelling back and forth from Beaufort West was not financially viable for Henriette, and she wanted to be close to Anastasia. Henriette praises the hospitality of staff at the Parents Accommodation, and says she was warmly received every day and grateful for the meals provided. She explains that the difficult circumstances with her daughter were far more manageable with her being within walking distance of her bedside and not having to worry about accommodation.

The Red Cross War Memorial Children's Hospital follows a family-friendly approach towards the care of sick children, allowing parents and caregivers access to their children 24 hours a day. Since evidence shows that the recovery of sick children is greatly improved when their parents are present during their hospitalisation, the need for a place for caregivers and parents to stay overnight is crucial. However, due to the increase in demand, there is an urgent need to increase the capacity of the outdated accommodation in order to house the many parents needing to stay overnight, or for as long as their children are hospitalised.



To support the Parents Accommodation project or other Trust priority projects contact the Trust office on +27 21 686 7860 or email [chantel.cooper@chtrust.org.za](mailto:chantel.cooper@chtrust.org.za)

## Your loyal support has enabled us to start and complete several critical projects and programmes in 2013



- The upgraded **Medical Ward B2** opened earlier this year and is now able to provide advanced specialist care to some of the Hospital's youngest and sickest patients in a world-class facility.
- The newly-built **Centre for Childhood Infectious Diseases** and the **Research Centre for Adolescent & Child Health** opened in October, and is the first paediatric clinical research centre in a children's hospital in South Africa. The Centre will make a significant difference in the lives of young patients with infectious diseases through the advanced treatment offered and ground-breaking research conducted into childhood illnesses.
- The **Paediatric Ward at Victoria Hospital** was upgraded and is now a modernised child-friendly space that is able to accommodate parents at their children's bedsides at a time when they are needed most.
- The first year of the **Paediatric Palliative Care Service** at the Sarah Fox Convalescent Children's Hospital was funded, providing multidisciplinary paediatric pain and palliative care for children with life-threatening illnesses. The service has been developed to provide longer-term care to 65 children and their families a year.
- Building commenced on the new **Woolworths Childsafe Research and Educational Centre**, where patients' families and the general public will be educated on creating safe environments for their children to decrease the number of avoidable serious child-related accidents.



- Construction of the new **Radiology Complex** commenced with the funds required to build and equip this facility raised in partnership with the Western Cape Government: Health. The specialist facility will provide the ideal environment for medical teams to make accurate diagnoses on critically ill or injured children whose prognoses depend on receiving the right treatment fast.
- The successful completion of the

- 3-year **African Paediatric Fellowship Programme**, as well as the 6-year **Child Nurse Practice Development Initiative**, which enabled 22 doctors and 131 nurses from around SA and Africa to be trained in paediatric specialties at the Hospital.
- The launch of the **AfriTox Poisons Information System**, a computerised online database of information and treatment advice to help doctors in Southern Africa better diagnose and treat poisonings in children.
- The launch of the **Paediatric Rehabilitation Programme** at St Joseph's for Chronically Ill Children, which provides better rehabilitation service for their patients, while empowering and involving parents in their child's rehabilitation.

Thank you for your generosity and belief in our mission to support the Red Cross War Memorial Children's Hospital and paediatric healthcare in the Western Cape – we could not have accomplished all of this without your support.

Although we have achieved so much, there is still so much to be done – our need is far greater than our success, and we hope you will continue to partner with us on future projects.



## Trust events & partnerships



There are many ways in which you can support the Trust and help get sick children healed and back home where they belong:

- Support Sea Harvest's fourth 'Kids for Kids' promotion by purchasing specially marked fish packs. A portion of sales from each pack sold will be donated to the Trust.
- Fabiani's Last Red Buttonhole campaign donates to the Trust for every Fabiani shirt purchased. Visit [www.fabiani.co.za](http://www.fabiani.co.za) to locate your nearest store.
- Quench your thirst with Jive cold drinks this summer! A portion of every Jive product sold will be donated to the Trust to upgrade the Parents Accommodation facility at the Hospital.
- The new Lolo babywear Christmas range, makes a perfect gift, and is now available in selected Pick n Pay Clothing and Hypermarket stores. 10% of all profit from sales will be donated to the Trust.

Thank you to the many schools and companies who supported this year's Plaster Day initiative to raise funds for the Childsafe Research and Educational Centre. Please diarise 23 May 2014 to participate in our next Plaster Day.

Thank you to our many partners, donors and supporters who ran fundraising initiatives during 2013 to benefit the Trust.

Recent initiatives include:

- The annual Col'Cacchio pizzeria Celebrity Chef Series, which once again raised some serious 'dough' for the Trust.
- The M.A.R.C.H. Ladies fundraising banquet held in celebration of their 20th anniversary to raise funds to purchase equipment for the new Radiology Complex.
- A charity golf day, in partnership with the Ackerman Family Trust and Mr Alan Ramsay, was held at Pearl Valley Golf Estates to raise funds for the Paediatric Ward upgrade at Victoria Hospital.
- The Legacy Children's Hospital Trust team of 12 cyclists who participated in the gruelling 2013 Coronation Double Century Cycle Challenge to raise awareness and funding for the Childsafe Project.

The Trust's Grateful Hearts and Guardians Family Day was enjoyed by all who attended at Vergelegen Wine Estate. Please contact us

if you have a special story to share about the Hospital and are considering joining the Grateful Hearts programme. Contact Verity on +27 21 686 7860 or [verity.reynolds@chtrust.org.za](mailto:verity.reynolds@chtrust.org.za)

