



Trust News

- In February the Children's Hospital Trust is celebrating its **19th birthday**. Why not share in our birthday by supporting the Trust in any way that you can? In addition to making a donation you could donate products or host one of our events at your venue. Just call us and we'll help you decide.
 - The Children's Hospital Trust, in partnership with Western Cape Government: Health, is delighted to be opening the newly renovated **General Medical Ward B2** at the Hospital in March.



News from the UK

The Children's Hospital Trust, South Africa.

The Children's Hospital Trust has a United Kingdom branch.

- We are indebted to **Muller International** for providing pro bono office space at the Corn Exchange.
- Thank you to our volunteers who took part in the **Greenwich Park Santa Run** in December with 2 500 Santas. Patricia Boothman, a Community Fundraising Group member, collected the most money for this event.
- Anyone interested in supporting the Trust via sporting activities, please consider the **Royal Parks Half Marathon** in London in October as we have secured 50 places for runners.
- Any cyclists from the UK who are planning to take part in the **Cape Argus Pick n Pay Cycle Tour** in Cape Town in March, please consider doing so on behalf of the Children's Hospital Trust and contact tara.vanschalkwyk@chtrust.org.za
- Freezing cold weather could not stop the determined learners of Cheam School as they went busking on 13 December. Commuters had an enjoyable homecoming indeed while the learners raised just under £610 for the Trust!

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Grateful Hearts

Members of the Trust's Grateful Hearts programme and their families enjoyed a special outdoor event held at the Hospital in December. Leah and her family joined the programme with others whose lives have been affected by the Hospital.

To join our Grateful Hearts programme contact Jeneé Stamer on +21 27 686 7860 or jenee.stamer@chtrust.org.za



THE CHILDREN'S HOSPITAL TRUST
 grateful hearts programme

Contact us

- To tour the Red Cross War Memorial Children's Hospital please contact the **Trust office on +27 21 686 7860 or email hello@chtrust.org.za**
- **facebook** www.facebook.com/childrenshospitaltrust
- **twitter** @chtrust1
- Email us at hello@chtrust.org.za or visit www.childrenshospitaltrust.org.za and subscribe to our quarterly eNewsletter or to let us know if your details have changed. To unsubscribe to our eNewsletter email unsubscribe@chtrust.org.za



Bank details:

The Children's Hospital Trust
 Standard Bank, Rondebosch Branch
Account no: 07144 3126
Code no: 025 009
Registered Charity
PBO No. 930004493

Please use your full name as reference when making donations and fax/email proof of your deposit, plus your contact details to receive a tax certificate.

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NEWSFLASH

FUNDRAISING FOR THE RED CROSS WAR MEMORIAL CHILDREN'S HOSPITAL AND PAEDIATRIC HEALTHCARE IN THE WESTERN CAPE.

FEBRUARY 2013

Meet Ashante

In Southern Africa more than 8 000 children die every year as a result of unintentional, preventable injuries. Sadly a child in South Africa has 25 times more chance of ending up in hospital, due to trauma or an accident, compared to the United Kingdom.

Tragedy strikes

8-month-old Ashante was waddling around in her walking ring while her mom Natasha watched TV. Ashante wandered into the kitchen where her uncle was making coffee, when all of a sudden, Natasha heard Ashante scream in agony. She had pulled on the kettle cord, bringing the boiling water down onto her tiny body. Natasha, unaware that keeping the burn wounds under running tap water would assist with healing, removed Ashante's clothes and rushed her daughter to a local clinic in Grabouw and then to a hospital in Cape Town where doctors referred Ashante to the Red Cross War Memorial Children's Hospital to get the specialist burns care that she needed. After two weeks in the Hospital's Specialist Burns Unit, Natasha could take her daughter home. However, today Natasha knows that the accident could have been prevented if she had been more aware of the importance of a child-safe kitchen and how to handle a burn injury.



But there is hope

Childsafe South Africa is the only Child Accident Prevention organisation working in Southern Africa and one of the oldest organisations of its kind in the world. Childsafe aims to reduce and prevent intentional and unintentional childhood injuries of all severity through research, education, environmental change and recommendations for legislation. The Children's Hospital Trust needs to raise R5million to build a Childsafe Research and Educational Centre at the Hospital to increase Childsafe's capacity to reduce the number of serious child related accidents in the country.

To support the Childsafe project or other Trust priority projects contact the Trust office on +27 21 686 7860 or email philippa.douglas@chtrust.org.za



Trust Projects for 2013

In addition to fundraising for the Red Cross War Memorial Children's Hospital, over the past two years, the Trust has successfully been fundraising for paediatric healthcare projects in the Province which have a direct impact on the Hospital. Current projects include:

Upgrading the Paediatric Ward at Victoria Hospital

The Paediatric Ward at Victoria Hospital in Wynberg, Cape Town has a very strong link with the Red Cross War Memorial Children's Hospital as all their patients younger than two requiring surgery or ICU admission are first treated at the Children's Hospital and then transferred back. Paediatricians from both hospitals consult extensively through their 'shared-care' patients. The Victoria Hospital's Paediatric Ward has not been upgraded in 125 years and has insufficient space to allow parents to stay with their children, which causes tremendous anxiety for the children, plus extra workload for nursing staff. It will cost approximately R10million to upgrade the Paediatric Ward at Victoria Hospital.

Sarah Fox In-patient Paediatric Palliative Care Unit

No child should have to face the prospect of dying, yet it is a sad reality. The Sarah Fox Convalescent Children's Hospital in Athlone, will establish a 10-bed unit to provide care for children who are dying or have terminal illnesses. This Unit will be the first in the Western Cape to train nurses to care for children with palliative needs and will prepare families to care for their children at home. This 2-year programme commenced in January 2013 and will cost R3million.

St Joseph's Rehabilitation Project

Many children are born with special needs or sustain injuries resulting in a need for therapy. The Cape Metropole has limited rehabilitation services for these children to ensure that they can reach their full potential. The St Joseph's Children's Home will set aside 25 of their 143 beds to develop an in-patient rehabilitation service for children. The Trust will raise R4million to increase their in-patient rehabilitation capacity from 16 patients to 130 patients per annum over the 3 year project cycle commencing in July 2013.

Afritox goes live

Doctors can now register with Afritox for web-based access to 40 000 named poisons and treatment protocols by calling the Poisons Information Centre at the Red Cross War Memorial Children's Hospital on +27 21 658 5428. The AfriTox website www.afritox.co.za also has a section that is accessible to the public where NON-poisonous substances are listed so that you know which products your child has been exposed to that are not harmful. If not listed, phone the Poisons Information Centre immediately.

Circle of Life

The recently opened Circle of Life Garden of Remembrance at the Hospital was established to honour donors who have left a gift in their Will to the Children's Hospital Trust. The garden was dedicated in memory of Mr Vyvan Watson, a WW1 veteran and Chairman of the Red Cross building committee in the 1950s, who was instrumental in the fundraising and construction of the Hospital.

Legacy gifts help us to plan ahead for future generations of sick children. For details about our Circle of Life Legacy Programme email Liz Linsell on liz.linsell@chtrust.org.za

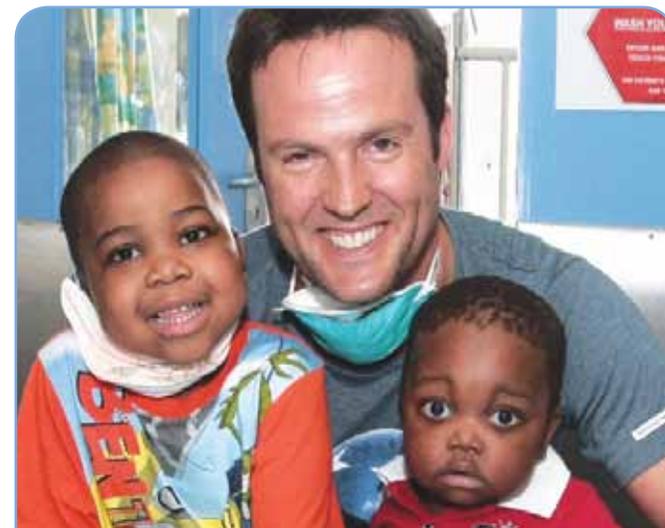


Guardians

We remain ever grateful to our committed and loyal Guardians* for their amazing contribution to the Hospital. More than R5.2million was raised in 2012 by this group of caring individuals, and their collective giving continues to make a very meaningful impact on the treatment options for our children.

If you would like to become a Guardian contact Jeneé Stamer on +27 21 686 7860 or jenee.stamer@chtrust.org.za

* Guardians are individuals, or Trusts & Foundations, who donate more than R5 000 annually.



Trust Events & Partnerships

- In February four **Scooter Addicts** will be travelling by scooter from the Hospital to Dublin, Ireland to raise awareness for the Trust. Follow their adventure on www.facebook.com/CapeTownToDublinByScooter2013
- On Thursday 21 February Trust Ambassador & SA Cricketer, JP Duminy and his wife Sue will be hosting an **intimate movie evening** at the Pink Flamingo open-air theatre in Cape Town. Seats are limited. Email melisa.patterson@chtrust.org.za
- More than 20 000 walkers will join the **Sunshine D Polar Ice-cream 10km Big Walk** on Sunday 3 March in Green Point to support the Trust and JIVE will donate R6 for every entry.
- 100 cyclists are riding in the **2013 Cape Argus Pick n Pay Cycle Tour** on Sunday 10 March to raise funds for a new Radiology Complex at the Hospital. To sponsor a cyclist email tara.vanschalkwyk@chtrust.org.za
- TV personality Dr Michael Mol is riding for team ABSA in the **ABSA Cape Epic** in March and for every stage he completes, ABSA will donate R1500 to the Trust. Past Oncology patient Nicholas Hops will again raise funds for the Trust at this year's challenge.
- Show your support for the Hospital by purchasing a sticker for R10 to wear civvies to work or school on **National Plaster Day** – Friday 24 May 2013. For more information on sticker distribution points, email plasterday@chtrust.org.za or check our website for more details.