



The World is Sadly not Child-Proof...

How quickly poisoning happens.

Janine had to do a quick shop at the store and left four year old Carmen in the care of her 13-year old brother. Upon her return, she finds Carmen hysterical and doubled over with abdominal pain. The little girl admits to eating the "packet of sweets" she found next to her mother's bed. As Janine is pregnant, her gynaecologist had given her iron supplements and multivitamins to take during her pregnancy. Without thinking, she had left these on her bedside table.

How Carmen's life was saved.

Janine immediately phones the emergency number for the Poisons Information Centre (PIC) at the Red Cross War Memorial Children's Hospital. Fortunately for this distraught mom, the Poisons Information Centre has the details of both substances on their database. They calculate that Carmen has ingested a toxic and potentially fatal amount of iron and directs her straight to hospital for emergency treatment for iron poisoning. By the time Carmen reaches the hospital she has already developed bloody diarrhoea and her condition is critical. Luckily Carmen receives the antidote in time to halt the poisoning and to flush the excess iron through her kidneys. Two days later she is able to go home.

What is the Poison's Information Centre?

The Poisons Information Centre provides critical and often life-saving advice to parents and adults with suspected poisonings. It is the only centre in southern Africa that collates and updates this information on a daily basis. As the Centre's current database system is outdated and in danger of becoming obsolete, the Trust is committed to raising R3 million to migrate their system on to an online platform for immediate access by medical professionals.

Continued overleaf



News from the UK Branch

The Children's Hospital Trust has a United Kingdom branch.

The Children's Hospital Trust South Africa based in the UK hosted a special wine tasting evening in April to benefit the Children's Hospital Trust in Cape Town. The well-attended event took place in the magnificent surrounds of South Africa House, Trafalgar Square in London, and officially launched the Trust in the UK. Supported by SA Wines online, the event was a relaxing evening of fine wines, music and entertainment.

To find out more about how you can get involved in our UK Trust or to attend future Trust events in the UK please contact:

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Contact us

- If you are interested in a tour of the Red Cross War Memorial Children's Hospital, please contact Carla Goliath on +27 21 686 7860 or email cht@chtrust.org.za
-  www.facebook.com/childrenshospitaltrust
-  @chtrust1
- Email us at cht@chtrust.org.za or visit www.childrenshospitaltrust.org.za and subscribe to our quarterly eNewsletter or to let us know if your details have changed. This will help reduce costs and save the environment!



Bank details:

The Children's Hospital Trust
 Standard Bank, Rondebosch Branch
 Account no: 07144 3126
 Code no: 025 009
 Registered Charity
 PBO No. 930004493

*Please use your full name as reference when making donations

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NEWSFLASH

FUNDRAISING FOR THE RED CROSS WAR MEMORIAL CHILDREN'S HOSPITAL AND PAEDIATRIC HEALTHCARE IN THE WESTERN CAPE.

MAY 2012

Grateful Hearts

Champions for the Red Cross War Memorial Children's Hospital

The Grateful Hearts Programme aims to create a community of past patients and their families, including anyone whose life has been directly affected by the Hospital. The Red Cross War Memorial Children's Hospital manages more than just 260 000 patient visits every year – it is home to anguished parents whose lives have been put on hold while they remain at the bedsides of their sick children. Vinolia, a past liver and kidney transplant patient, and her family are only too familiar with these circumstances and are keen to meet with current and past patients and families, to share their stories. Vinolia is now a third year LLB student at the University of the Western Cape and Zac and his family have continued to support the fundraising of the Trust.

"In the seven years that I've been at the Red Cross War Memorial Children's Hospital, I've learnt that when love and skill work together - expect a masterpiece! Zac and I are living testimony of the love, dedication and expertise that exists here at this Hospital," says Vinolia Naidoo.

To join the Grateful Hearts Programme contact Jeneé Stamer on +27 21 686 7860 or jenee.stamer@chtrust.org.za



THE CHILDREN'S HOSPITAL TRUST
 grateful hearts programme



Zac Bloch and Vinolia Naidoo were both treated at the Red Cross War Memorial Children's Hospital's Renal Unit nearly ten years ago. The two were key champions for the Children's Hospital Trust when they reunited to visit Oncology patients at the Hospital for the Trust's Grateful Hearts Programme launch.

Newly Renovated Medical Ward to be Opened

The first phase of the upgrade of the General Medical Wards at the Red Cross War Memorial Children's Hospital is complete. Ward B1 will be officially opened next month. The Children's Hospital Trust raised R8.1 million and R5.5 million was provided by the Western Cape Government: Health for the upgrade.

This extremely busy ward, which treats general medical patients, infectious patients and patients with chronic illnesses – most of whom are under a year old – was built in 1956 and has only had minor upgrades since then. The new ward will improve patient outcomes, reduce the risk of cross-infection, increase emotional support and provide better conditions for both children and parents.

To make a donation towards the Children's Hospital Trust's priority projects, contact the Trust office on +27 21 686 7860 or email philippa.douglas@chtrust.org.za

Alumni

The Children's Hospital Trust invites all **Red Cross War Memorial Children's Hospital Alumni** from around the world to join an exclusive community of healthcare professionals who have trained or worked at this extraordinary Hospital. By joining this special community of Alumni you will be able to connect with other dedicated men and women who too were part of the passionate staff at the Hospital, as well as keep up to date with the exciting developments at this amazing institution.

To join the Hospital Alumni contact **Pauline Solomons** on +27 21 686 7860 or pauline.solomons@chtrust.org.za

Upcoming Events

Women's Day High Tea

The Children's Hospital Trust will host a Women's Day High Tea at the Vineyard Hotel in Newlands, on Wednesday 8 August. Whether you are a mother, grandmother, daughter, sister or aunt – share this day with us as we celebrate womanhood with special treats and a cuppa. Please feel free to extend this invitation and bring along your friends and family.

For a minimum donation of **R180** or more per guest, all interested in attending can contact **Carla Goliath** on +27 21 686 7860 or email cht@chtrust.org.za

Circle of Life

The Circle of Life Legacy programme hosted a special lunch event for estate planners, accountants and advisers at the **Cape Town Club** with guest speaker Chantell Ilbury – scenario planner and co-author with Clem Sunter of "The Mind of a Fox/The Games Foxes play". Estate planners were introduced to the Trust's Circle of Life Legacy Programme and learned more about the Trust's projects and programmes in the Hospital and the Province for 2012.

The Trust's Circle of Life programme brings together caring, like-minded individuals who have chosen to leave a legacy in their Will to the **Children's Hospital Trust** for the benefit of future generations of sick children at the Red Cross War Memorial Children's Hospital. Please let us know if you are considering leaving a legacy to the Children's Hospital Trust.

Contact **Liz Linsell** on
+27 21 686 7860
or liz.linsell@chtrust.org.za



Trust Partnerships

Over the last 13 years the Trust has been a beneficiary of the **10km Big Walk**. 100% of this year's donation from the Sunshine D Polar Ice Cream 10 km Big Walk was allocated to the second phase of the General Medical Wards upgrade. Thank you to the organisers and sponsors, as well as to the thousands of dedicated walkers who participate each year.

Thanks to **Sea Harvest** for partnering with us for the second year running by donating ten cents from the sale of a variety of frozen fish products between November 2011 and February 2012 to raise funds for the General Medical Wards upgrade.

The Trust is privileged to have adventurous and **generous donors** who not only raise awareness and funds but also challenge their own strengths. From climbing Kilimanjaro barefoot, to biking to Singapore, extreme cycling, charity cricket matches and 'kissing it better' 500 times for a Guinness world record, the Trust enjoys wonderful support from the community. We are so grateful for every effort and contribution – it goes a long way in making a difference in the lives of the Hospital's little patients.

The World is Sadly not Child-Proof Continued

In time, the general public will also have access to useful information identifying substances that are not toxic when ingested.

Guardians** of the Children's Hospital Trust jointly fund priority Hospital projects. Working together, their incredible success is testimony to the power of collective giving. Over the past three years this dedicated group has been the largest contributor to each project they have helped make a reality. Together – as a group of caring individuals – they are consistently making a difference in the lives of children.

If you would like to become a Guardian or know more about this special programme please contact **Jeneé Stamer** on +21 27 686 7860 or jenee.stamer@chtrust.org.za

* Name changed to protect identity.
** Guardians are individuals or Trusts & Foundations who commit to donating R5 000 or more each year to priority projects at the Hospital.



Special Thank You

The Children's Hospital Trust would like to thank all those who contributed to our Mother's Day appeal to fundraise for the last R100 000 needed to upgrade phase two of the General Medical Wards at the Hospital. Your donations in celebration of all precious mothers will go a long way in support of getting sick children home where they belong.

Trust News

- The Children's Hospital Trust is pleased to announce the appointment of a new Chairman, Mr Spencer McNally, an Actuary and previous Deputy Chairman of the Trust. Randall Titus, a practising Attorney at Randall Titus & Associates, has been appointed as Deputy Chairman. Thank you to Mr Chris Niland for his many years of service as Chairman of the Children's Hospital Trust.
- The Trust has written a compelling case study book in fundraising best practice aimed at all who work in the NPO sector in South Africa. Case studies show how the Trust has built its brand, engaged with key stakeholders and funders and built-up and maintained a reputation for excellence and integrity. The book is available from the Trust offices for a minimum donation.