

Guardians

*Guardians continue to show how a fraction of the population can inspire massive change when efforts are combined. Once again, this group raised over a fifth of the Children's Hospital Trust's required funding in 2014. This substantial investment lives on in the future of thousands of children who get another chance at childhood.

Follow the impact of your giving by joining the Guardians Facebook group and attending this year's Guardians events.

Contact Ronell: ronell.jordaan@chtrust.org.za / 021 686 7860

"It's a privilege to be a Guardian. The kids in the hospital are like my kids. If my child were sick, I would want them to get the best loving and caring they could get. The Red Cross Children's Hospital is a very special haven for quality health, remembering that the patients are little ones in what can be a scary place." Melissa Duffy

*Guardians are individuals who donate R5 000 or more per annum.



Celebrate the life of a loved one

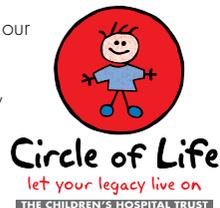
Making an **In Memoriam** donation is a special way to cherish the memory of a family member, friend or colleague.

Every In Memoriam donation of R5 000 or more is acknowledged with an individually engraved plaque in our beautiful Garden of Remembrance at the Red Cross War Memorial Children's Hospital and in the Roll of Honour at our annual Day of Remembrance service.

We will write to the family of the deceased, letting them know of your generous donation and send you a tax-deductible receipt. Please be sure to include your details so we can contact you about your In Memoriam gift.

One of the most personal ways you can support our future work is by leaving a gift **in your Will** in memory of a loved one. For some, it is an opportunity to give a significant gift that you may not be able to make during your lifetime.

For more information contact Liz:
liz.linsell@chtrust.org.za/021 686 7860



UK at a Glance for 2015



This year is set to be an exciting one in the UK as our British fans show their support in innovative, fun and inspiring ways. On Saturday the **9th of May** The Saracens F.C will get behind the Trust with a Premiership Rugby match against the Exeter Chiefs at the Allianz Park.

The much-anticipated SA wine-tasting event will take place in London in **June**. On the **8th of October** the UK team will host our inaugural Golf Day at Sunninghill Golf Course and we will be entering a charity team into the Royal Parks Marathon again this year, on **11 October**.

We are also very happy to welcome Lara Sladden, a fellow Saffa, on board. Lara joined us in mid-February to assist the UK Trust in their fundraising efforts.

For more information on UK events and how you can get involved, contact Ben Hall at ben@childrenshospitaltrust.co.uk

Connect

- **Tour the Hospital**
Contact +27 21 686 7860 or email hello@chtrust.org.za
- **To view event photos** visit www.facebook.com/childrenshospitaltrust
- **Subscribe to our eNewsletter** - email us at hello@chtrust.org.za or visit www.childrenshospitaltrust.org.za
- **Volunteer** - Contact FOCHA on +27 21 658 5243
- [facebook.com/childrenshospitaltrust](https://www.facebook.com/childrenshospitaltrust)
- [@chtrust1](https://twitter.com/chtrust1)



BANK DETAILS:

The Children's Hospital Trust
Standard Bank, Rondebosch Branch
Account no: 07144 3126
Code no: 025 009
Registered Charity
127-685 NPO
PBO No. 930004493

Please use your full name as reference when making donations and fax/email proof of your deposit, plus your contact details to receive a tax certificate at the end of the financial year.

www.childrenshospitaltrust.org.za

The Children's Hospital Trust, Suite 259, Postnet X18, Rondebosch, 7701, Cape Town, South Africa. Tel: +27 21 686 7860 Fax: +27 21 686 7861



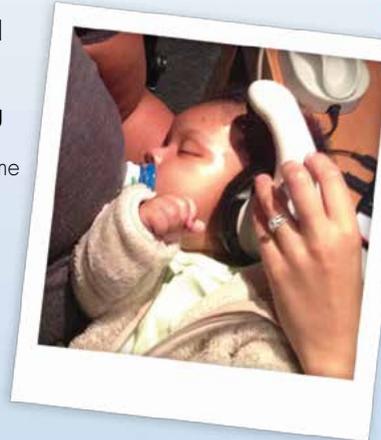
NEWSFLASH

APRIL 2015

FUNDRAISING FOR THE
RED CROSS WAR MEMORIAL
CHILDREN'S HOSPITAL AND
CHILD HEALTHCARE.

The Gift of Sound

One of the Children's Hospital Trust funded programmes, the Child Speech and Hearing Programme, is currently being piloted at the Mitchell's Plain District Hospital. This programme is a partnership between Western Cape Government: Health, the Carel du Toit Centre and the Trust.



Baby Junior Silwana, born on 15 October 2014 was just 5 months old when he became one of the first babies to test the new audiology equipment. He had initially attended a postnatal check-up at the Gugulethu Midwife Obstetric Unit, where his hearing was screened. You can imagine just how worried his mommy, Zanele, was when he was referred to the Red Cross War Memorial Children's Hospital for further hearing tests and even more so, when she discovered that the first appointment was only at the end of February 2015.

Picture her relief when she was called and offered an earlier appointment at the Mitchell's Plain District Hospital's audiology department, newly equipped with an audiology booth and state-of-the-art equipment.

We are happy to report that Baby Junior passed all of his hearing tests with flying colours. Zanele is so relieved that she no longer has to worry about her son's hearing and even happier that she received the good news six weeks earlier than she would have, if he had been on an exceptionally long waiting list at the Red Cross Children's Hospital.

To support any of the Trust's priority projects contact us on +27 21 686 7860 or email chantel.cooper@chtrust.org.za

What's in store for 2015

- The development of the **Practical Approach to Care Kit for children** (PACK Child) is underway. This is a comprehensive clinical guideline designed specifically for health professionals in primary care clinics, to facilitate quick and accurate diagnosis, treatment and referral of children.
- District-level **speech and hearing services for children** are being piloted in Mitchell's Plain, enabling children access to screening, treatment and support quickly and closer to home. Within the first week of the new Audiology booth opening at Mitchell's Plain District Hospital, the waiting list at Red Cross Children's Hospital was already reduced.
- A **children's radio station** led by children will be initiated at the Red Cross Children's Hospital. This will engage, educate, stimulate and importantly, create a platform for communication between hospitalised children, their families and the health services.
- The upgrade and expansion of the **Paediatric ICU** at the Red Cross Children's Hospital is an upcoming project where we will need to raise R90 million over 4 phases. The new improved ICU will be able to save more lives by having more beds, will include isolation units and specially designed spaces for neonates.
- The upgrade and expansion of the new and improved **Parents' Accommodation** is almost complete.

The new double-storey wing (featured in the image below) housing 18 bedrooms and 2 ablution facilities was made accessible for use by parents in December, to allow for the upgrade of the existing wing to continue.

Upon completion at the end of March this entire facility will have doubled in capacity taking bed space up to 120 beds.

The Children's Hospital Trust will host a roof wetting event for our donors, the media and project partners on Thursday, 23 April.



Trust Events

Cape Town Cycle Tour

On Sunday, 8 March more than 130 cyclists took to the streets as part of our charity team at the **Cape Town Cycle Tour** to test their endurance all in aid of the Child Speech & Hearing Project.

Our team was invited to a pre-race event where they met the team, enjoyed good food to fuel their bodies and toured the Hospital to see the impact their donations would make.

Our specially designed cycle tops proved popular and were worn with pride. Thank you to Adcock Generics for generously sponsoring our kit. If you would like to join our 2016 team then please **contact Tara:** tara.vanschalkwyk@chtrust.org.za



We Celebrate Coming of Age

As part of our 21st birthday celebrations, our Chairman, Spencer McNally hosted an intimate event at his private residence in Camps Bay. The Western Cape Premier, Helen Zille, was our guest of honour. We paid tribute to our long-standing donors who all enjoyed cocktails and canapés accompanied by a spectacular sunset over the picturesque bay.



Make Your Next Sporting Challenge Count for Something More

Choose to run, paddle, swim or cycle to benefit the Trust. Enter the event of your choice, let us know and the Trust will kit you out in our branded sports shirts. Then encourage everyone you know to make donations to the Trust in lieu of your efforts. Suggested events include the Comrades Marathon, Absa Cape Epic, Sanlam Cape Town Marathon, Sani2C, Two Oceans Half Marathon and the Cape Town Cycle Tour.



For more information **contact** tara.vanschalkwyk@chtrust.org.za or 021 686 7860.

Power of Partnerships



- Thank you to **Col'Cacchio pizzeria**, the chefs and sponsors of the Celebrity Chef series that took place from September to November 2014. By donating R5 from every Celebrity Chef pizza sold, a generous donation of R270 000 was made which will benefit the St Joseph's for Chronically Ill Children Rehabilitation Programme.
- Quench your thirst this summer with **Jive** cold drinks, and they will donate a portion of every sale to the Trust. **Quality Beverages** has committed to donating R500 000 to the expansion of the Paediatric Intensive Care Unit at the Red Cross Children's Hospital.
- Pay tribute to your special mom and to the loving moms who keep vigil at the bedsides of their little ones this **Mother's Day** by donating money via Groupon in lieu of a Mother's Day Gift. Donations can be as little as R50 and you will receive a Groupon coupon and a downloadable card to show just how much you care. Go to www.groupon.co.za from 20 April 2015.

Damian's journey Coast to Coast

Damian was born on 6 July 2014 and at only four months old, he contracted a lung infection. This was the start of a very tough journey for the little baby.

He was transferred to the Paediatric Intensive Care Unit at the Red Cross Children's Hospital, but his condition was rapidly deteriorating. Damian was diagnosed with myocarditis, which is the inflammation of the heart muscle, and TB.

After treatment, it seemed that he may finally have a healthy start to life, but at the age of 9 months, he was diagnosed with a dilated cardiomyopathy. This is a progressive disease of the heart muscle that eventually causes it to fail. It was a devastating blow to the family and Damian was referred to the palliative care service at Sarah Fox Children's Convalescent Hospital to manage his pain and discomfort. A month later Damian celebrated his first birthday with hospital staff and family.

Three months after his admission, he was flown home to receive palliative care in Vredenburg, leaving a void in the hearts of all of those who had treated him.

The Trust recently completed the funding to establish this 10 bed Paediatric Palliative Care Unit at Sarah Fox, making this care accessible to many more children like Damian.



Contact us on +27 21 686 7860 or email chantel.cooper@chtrust.org.za to support any of the Trust's projects and programmes