

A BRAND NEW SPECIALIST BURNS UNIT

On 13 September the new state-of-the-art Burns Unit was officially opened in partnership with the Western Cape Government: Health. The upgrade project cost a total of R13million with the Western Cape Government: Health contributing 50% of the building costs. The treatment provided in the Hospital's original Burns Ward is world-class but the facility had not had a major upgrade since it was built in 1956. The modern Burns Unit will result in even better patient outcomes with a customised layout that will significantly reduce the risk of cross-infection.



The Burns Unit treats approximately 3500 children with burns every year. It is the only specialised burns centre in the Western Cape treating children under the age of 13 with burn injuries and a referral centre for children with severe burns from all over South Africa and southern Africa.

Thank you to all our donors for supporting this critical project and for providing an improved hospital experience for children who are already highly traumatised. Mr Theuns Botha, Western Cape Minister of Health, echoed our sentiments that without donor support the Hospital would not be able to offer world-class facilities to benefit patients, their caregivers and the staff who heal them.

CHILD-FRIENDLY AMBULANCES

The Children's Hospital Trust has raised R2million to equip four Department of Health: Emergency Medical Services (EMS) ambulances with specialist paediatric equipment, resulting in four brand-new child-friendly ambulances, thanks to the generosity of our donors! Two ambulances will serve the Cape Town Metropole and two ambulances will serve the Worcester and George regions. With your support paediatric ambulances can now offer a 24 hour ambulance service to children and neonates – allowing sick children to get to hospital as soon as possible and thus giving them a stronger chance of survival.



THE PERFECT GIFT

Are you at a loss when trying to find the perfect gift for Christmas or any other special occasion? The Trust has a variety of items and fundraising initiatives guaranteed to put the joy back into shopping:

 Purchase adorable **Lolo Babywear** from Pick n Pay stores nationwide. The Trust mascot "Lolo" is the hero in an adorable range of babywear with 10% of the retail price being donated to the Trust. For stockists visit www.picknpay.co.za

 It may be a stylish fashion statement but the **Helping Hearts** charm bracelet, with its braided leather thong and sterling silver heart charms engraved with your words of choice, also generates funds for the Children's Hospital Trust. To order your own personalised bracelet, contact Lara Myerson at helping.hearts@hotmail.com or 082 265 8941.

 Are you a music lover? By purchasing **Lize Beekman's Lullaby CD** not only will you be acquiring soothing lullabies for the little people in your life, but Lize will also donate all the profits from your purchase to the Trust. The Lullaby CD is on sale at www.kalahari.net. For other stockists visit www.lizebeekman.co.za



 Donate to the Children's Hospital Trust in **Lieu of** birthday presents or other special occasions. Thank you to the many donors who encourage friends and family to donate to the Trust.

SHOP WITH HEART

 Support **Sea Harvest's 2011 Kids for Kids campaign** by purchasing any of their tasty coated products from November 2011 until April 2012 and 10 cents will be donated to the Trust. For more information visit www.seaharvest.co.za

 Sign up for a **Pick n Pay SmartShopper card**. Swipe, earn points and support the Children's Hospital Trust as one of the charity beneficiaries until January 2012. For information on this smart card that gives back, visit www.picknpay.co.za

 When you sign up for **MySchool/MyVillage/MyPlanet** and list the **Children's Hospital Trust** as your beneficiary, we'll receive a small percentage of your transactions each month – at no cost to you! MyVillage is a community support programme that raises vital funding for schools and organisations. Help by joining now, or changing your beneficiary to the **Children's Hospital Trust** by calling 0860 100 445. The more you swipe, the more you donate. Visit www.myvillage.co.za for more information.

 We urgently need **Voyager Miles** donations! Remember, they expire on 31st March 2012. If you can spare any please contact Jeneé Stamer on +27 21 686 7860 or jenee.stamer@chtrust.org.za

NEWS & UPCOMING EVENTS

The Trust has appointed two new staff members in Cape Town to support its expansion to raise funds for paediatric healthcare projects in the Western Cape that impact the Red Cross War Memorial Children's Hospital and beyond. Welcome to Heidi Grundlingh (Programme Co-ordinator) and Audrey Roberts (Project Co-ordinator). To view the full Trust team visit www.childrenshospitaltrust.org.za/about/staff

If you are interested in seeing the good work of the Hospital as well as the work of the Trust within the Hospital, please contact the Trust on +27 21 686 7860 or email cht@chtrust.org.za

Email cht@chtrust.org.za or visit www.childrenshospitaltrust.org.za and subscribe to our quarterly eNewsletter. This will help reduce costs and save the environment!

We need your help. Please email us at cht@chtrust.org.za if your details have changed.

Visit www.childrenshospitaltrust.org.za

 www.facebook.com/childrenshospitaltrust

 [@chtrust1](https://twitter.com/chtrust1)

WISHING OUR CHRISTIAN READERS



Bank Details:

The Children's Hospital Trust
Standard Bank
Rondebosch Branch
Account no: 07144 3126
Code no: 025 009

Registered Charity
PBO No. 930004493

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We are also registered in the UK.
The Children's Hospital Trust, SA. Email: chtsa@btinternet.com

www.childrenshospitaltrust.org.za



The Children's Hospital Trust
helping our children get better.

Fundraising for the Red Cross War Memorial Children's Hospital and Paediatric Healthcare in the Western Cape.

NEWSFLASH

November 2011

MEET LARA-RICHEL



In 2005 Lara-Richel's parents celebrated the birth of their beautiful little girl and there was never any doubt about her health. Her mom, Stiffeney, only suspected a problem years later when Lara struggled to potty-train. After an ultrasound, she was told that her daughter "is simply too lazy and will outgrow it". By age six, Lara was still in diapers and a second medical opinion gave the same response. Lara was often ridiculed by other children, forcing Stiffeney to home-school her.

In 2011 Stiffeney was at the Red Cross War Memorial Children's Hospital with her son who had been injured in a go-karting accident. In passing she mentioned her daughter's condition to one of the specialist surgeons treating her son. An appointment with the Hospital's urologist revealed that Lara had a duplex kidney with an additional, fully-functional ureter, which was carrying urine directly out of her body rather than passing it through her bladder first. Stiffeney opted for Lara to have endoscopic (minimally invasive) surgery and the extra ureter was connected directly to her bladder as it should be. Lara was sent home two days later with a catheter which will eventually be removed, allowing her to have full control of her bladder.

Training in endoscopic surgery is available to surgeons at the Hospital's new Surgical Skills Training Centre, so Lara could not have asked for a better place of healing. Lara is well on her way to a full recovery and Stiffeney can't believe that her daughter can finally live a normal life; free to play outdoors with her brothers and attend school with her friends.

TRUST EVENTS & PARTNERSHIPS

- Thank you to **Marina Petropulos**, author of The New Baby & Child Care Handbook, for conducting a rare interview with Emeritus Professor Heinz Rode, at a **Ladies Luncheon** hosted by **MTN** and **The Westcliff Hotel**. Marina and Professor Heinz Rode, world-renowned specialist paediatric surgeon at the Red Cross War Memorial Children's Hospital and Trustee of the Children's Hospital Trust, enthralled guests with anecdotes of real-life patient cases and a behind-the-scenes look into life in the Hospital. The Luncheon, in aid of the Children's Hospital Trust, would not have been possible without Marina's passion, support from generous sponsors and **Shirley Adlkofer** who co-ordinated the influential group of women.
- The Trust recently partnered with **Eleven Food Coaching** to present the first ever Trust Cook-Off event. The culinary master class saw guests preparing the ideal menu; mouth-watering Mediterranean dishes with just a dash of insight about the Trust's current fundraising projects.



- Sincere thanks to the Sperling family of **Delheim** for hosting a very special Trust function with a perfect blend of Delheim wines, cheese fondue and interaction with loyal Trust supporters and staff.
- The Trust is delighted to have cemented our relationship with **Sunrise Productions** who have committed to using their popular **Jungle Beat** series to raise funds for the Hospital. The first initiative ran in collaboration with **John Dory's** restaurants countrywide. For a limited time period young diners received a free limited edition Jungle Beat mug, and with every mug given, John Dory's donated R1 to the Children's Hospital Trust.

Should you be interested in attending one of the Trust's upcoming events, please contact the Trust office on +27 21 687 7860 or email cht@chtrust.org.za

GUARDIANS

The Trust hosted its 4th annual Guardians event at the Hospital to thank our loyal and committed Guardians. Guardians are donors who give R5 000 or more annually towards projects in the Hospital. In the past year, Trust Guardians have raised a remarkable R5million and impacted a number of critical ward upgrades in the Hospital, the most recent being raising the funds needed to purchase specialised equipment for the new Burns Unit. For each of these projects, Guardians have been the largest contributor aside from the Provincial Government of the Western Cape which is testimony to the collective impact of a committed group. To become a Guardian contact Jeneé Stamer on +27 21 686 7860 or jenee.stamer@chtrust.org.za



PLEASE REMEMBER US IN YOUR WILL

The Trust's Circle of Life programme brings together caring, like-minded individuals who have chosen to leave a legacy in their Will to the **Children's Hospital Trust** for the benefit of future generations of sick children at the Red Cross War Memorial Children's Hospital. A simple Codicil form is available on our website.



Circle of Life members have been invited to a number of key events this year including a **Woman's Day presentation hosted by Legacy Fiduciary Services and The Chronicle at Steenberg Golf Estate**. This event saw Cape Town women gathered in numbers to receive valuable information relating to wills, estate planning, succession planning as well as the work of the Children's Hospital Trust and the Hospital. To attend an estate planning presentation by Legacy Fiduciary Services, contact Liz Linsell on +27 21 686 7860.

Thank you to **Mount Nelson** for hosting our special Circle of Life Morning Tea in October. This lavish high tea was enjoyed by all and highlighted the importance of legacy gifts to the Trust's future plans. To view pictures from the event visit the event album at www.facebook.com/childrenshospitaltrust

Please let us know if you are considering leaving a legacy to the **Children's Hospital Trust**. Contact Liz Linsell on +27 21 686 7860 or liz.linsell@chtrust.org.za



THE ART OF FUNDRAISING



The stage was set for an evening of wonder and generosity at the 2011 Art Benefit in aid of the Red Cross War Memorial Children's Hospital hosted by BoE Private Clients. The target of R2.3million was exceeded with an incredible R4.2 million raised from the auction amidst much celebration at this year's unique venue Leeuwenhof, the official residence of the Premier of the Western Cape. The funds raised not only achieved the total needed to complete the new specialist Burns Unit but will also fund another priority project at the Hospital.

The 2011 Art Benefit was the sixth of its kind organised by Amanda Bloch, Patron of the Children's Hospital Trust, in collaboration with Linda Givon, founder of the Goodman Gallery. This year the duo teamed up with the Stevenson Gallery and the Goodman Gallery, now under the directorship of Liza Essers, to bring together the valuable artworks for auction.

CYNTHIA'S CORNER NEWS FROM THE UK BRANCH



The Trust has a **United Kingdom branch – as well as much-appreciated Trust Patron, Cynthia Cormack (MBE), in the British Isles.**

- Our thanks to the **Parish of St. Martin, Guernsey** for hosting their Parish Supper to benefit the Hospital and the **Guernsey Scottish Dancing Association** for using their Annual Ball to raise funds to purchase much-needed equipment in the Hospital. We wish the Parish of St. Martin all the best as a Finalist in the Britain in Bloom competition.
- Thank you to **Sarah Hector** and **Emily Jordan** for completing the gruelling 54 mile London to Brighton bike race to raise funds for the Hospital. Both Sarah and Emily were inspired to raise funds for the Red Cross War Memorial Children's Hospital when a little girl close to them received treatment at the Hospital for spina bifida.
- A warm welcome to **Michele McKendry**, the Trust's new UK Head of Development. The Trust's UK branch is making enormous strides in garnering support for the Hospital abroad and Michele is a welcomed addition to a team that is passionate in partnering with donors who wish to impact paediatric healthcare on the African continent. Michele can be reached on mmckendry.chtsa@btinternet.com or +44 7710 422363.

EVERY CENT COUNTS

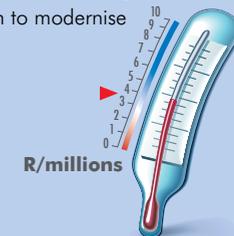
Every donation, no matter how small, impacts the Trust's current fundraising projects. The Trust has a number of priority projects set to impact the Red Cross War Memorial Children's Hospital, as well as paediatric healthcare both in the Western Cape and further afield. Projects include:

The Poisons Information Centre

The world is sadly not child-proof but fortunately there is a lifeline to help when accidents do happen – a lifeline that has helped thousands of children. But now it needs your help. The Red Cross War Memorial Children's Hospital is the only institution in South Africa that gathers and collates poisons information at its Poisons Information Centre. The current information system is developed on old CD technology which limits the distribution and immediacy of the data. A web-based system that will allow rapid and immediate access for medical institutions and healthcare professionals is required, as well as providing information on toxic substances to the general public. The Trust needs to raise R3.1million to modernise this lifesaving resource.

Target R3.1million

R300 000 raised/pledged as of November 2011



Saturday Surgeries

The Trust recently fundraised for a very special project in November; an 8-week Surgical Waiting List Relief Initiative aptly known as 'Saturday Surgeries'. This special initiative funded by **Mediclinic Southern Africa** alleviated extensive waiting lists for life-changing operations at the Red Cross War Memorial Children's Hospital. The Trust aims to raise funding to stage more of these 'Saturday Surgeries' next year. 'Saturday Surgeries' allows for an extra day of surgery on Saturdays for 8 weeks. It focuses on procedures that currently have the longest waiting lists by bringing in additional highly qualified and specialist medical staff to conduct these operations. Life-changing for thousands of children desperate to live normal lives!

To make a donation to future 'Saturday Surgeries' contact the Children's Hospital Trust on +27 21 686 7860 or email philippa.douglas@chtrust.org.za

